



Diamond-Studded Demeanor

FINDING OUR WAY TO GOD AND A SOUL-NOURISHING LIFESTYLE, TOGETHER.

WHERE YOU ARE NOW

Exploring your spiritual journey can be a profound experience that can help you find joy, peace and a greater sense of purpose. Here are a few journal prompts to help you reflect on what you hope to get out of your journey:

1. What draws/drew you to explore your relationship with God? Was it a life event, a personal realization, or something else?
2. What do you hope to gain from exploring or delving deeper into your relationship with God? Is it a sense of community, spiritual fulfillment, personal growth or something else?
3. What do you know about God's character and what do you want to know about His character?
4. What spiritual practices do you currently engage in? How do they make you feel? Are there any practices you would like to explore further?
5. Have you experienced any significant spiritual moments or insights recently? How have they impacted you?
6. What challenges, if any, are you currently facing on your journey? What challenges do you anticipate encountering?

Remember, your connection with God is personal and will grow and shape-shift as you continue to get to know Him. Use these prompts as a starting point to explore your own thoughts and feelings on the matter.